



# TUCSON SOCCER ACADEMY

Southern Arizona's Premier Soccer Program

EXCELLENCE  
COMMUNITY  
DEVELOPMENT



News you can use

APRIL 2017

Jeannie Benavente, Editor



TSA is designated as the *only* Nike Premier club in Southern Arizona! TSA founded TSAFC - Women's Premier Soccer League team, and boasts the **Ann Kathryn Schmidt Kickin' It Clubhouse** at Brandi Fenton Park.

## Coming soon to a field near you

- April 21-23, Arizona State Cup Part 1
- April 28-30, Arizona State Cup, Part 2
- May 5-17, Arizona State Cup Finals 2017 (U12-U18)
- May 24-29, Arizona State Cup 2017 (U19)
- [Summer 2017 Camps \(TBA\)](#)

**TSA Oro Valley Placements**

Location: Naranja Park

Register online at [www.tucsonsocceracademy.com](http://www.tucsonsocceracademy.com)

**Friday, May 12**  
Register at 6:00pm  
6:30-8:30pm

**Saturday, May 13**  
Register at 10:00am  
10:30-12:30pm

Boys and girls ages 5-18 welcome to join!

Stay in touch with our calendar link:

[TSA Calendar](#)

**Kinerk, Schmidt & Sethi, PLLC**  
ATTORNEYS



# WE CARE.



## Tucson Soccer Academy 2017-2018 Placement Schedule

You must register online at [www.tucsonsocceracademy.com](http://www.tucsonsocceracademy.com) prior to attending placements!

You must also bring a filled out [Medical Release Form](#) with you.



Birth Year	Age Group	Gender	1st Placement Day			2nd Placement Day		
			Day	Time	Field	Day	Time	Field
2011	U-7	Male	Monday, May 1	5:30 - 6:30 PM	Brandi Fenton West	Wednesday, May 3	5:30 - 6:30 PM	Brandi Fenton West
2011	U-7	Female	Monday, May 1	5:30 - 6:30 PM	Brandi Fenton West	Wednesday, May 3	5:30 - 6:30 PM	Brandi Fenton West
2010	U-8	Male	Monday, May 1	5:30 - 6:30 PM	Brandi Fenton West	Wednesday, May 3	5:30 - 6:30 PM	Brandi Fenton West
2010	U-8	Female	Monday, May 1	5:30 - 6:30 PM	Brandi Fenton West	Wednesday, May 3	5:30 - 6:30 PM	Brandi Fenton West
2009	U-9	Male	Tuesday, May 2	5:30 - 6:30 PM	Brandi Fenton West	Thursday, May 4	5:30 - 6:30 PM	Brandi Fenton West
2009	U-9	Female	Tuesday, May 2	5:30 - 6:30 PM	Brandi Fenton West	Thursday, May 4	5:30 - 6:30 PM	Brandi Fenton West
2008	U-10	Male	Monday, May 1	5:30 - 7:00 PM	Brandi Fenton Middle	Wednesday, May 3	5:30 - 7:00 PM	Brandi Fenton Middle
2008	U-10	Female	Monday, May 1	5:30 - 7:00 PM	Brandi Fenton East	Wednesday, May 3	5:30 - 7:00 PM	Brandi Fenton East
2007	U-11	Male	Tuesday, May 2	5:30 - 7:00 PM	Brandi Fenton Middle	Thursday, May 4	5:30 - 7:00 PM	Brandi Fenton Middle
2007	U-11	Female	Tuesday, May 2	5:30 - 7:00 PM	Brandi Fenton East	Thursday, May 4	5:30 - 7:00 PM	Brandi Fenton East
2006	U-12	Male	Monday, May 1	7:00 - 8:30 PM	Brandi Fenton Middle	Monday, May 1	7:00 - 8:30 PM	Brandi Fenton Middle
2006	U-12	Female	Monday, May 1	7:00 - 8:30 PM	Brandi Fenton East	Monday, May 1	7:00 - 8:30 PM	Brandi Fenton East
2005	U-13	Male	Tuesday, May 2	7:00 - 8:30 PM	Brandi Fenton Middle	Thursday, May 4	7:00 - 8:30 PM	Brandi Fenton Middle
2005	U-13	Female	Tuesday, May 2	7:00 - 8:30 PM	Brandi Fenton East	Thursday, May 4	7:00 - 8:30 PM	Brandi Fenton East
2004	U-14	Male	Monday, May 8	5:30 - 7:00 PM	Brandi Fenton West	Wednesday, May 10	5:30 - 7:00 PM	Brandi Fenton West
2004	U-14	Female	Monday, May 8	5:30 - 7:00 PM	Brandi Fenton East	Wednesday, May 10	5:30 - 7:00 PM	Brandi Fenton East
2003	U-15	Male	Monday, May 8	7:00 - 8:30 PM	Brandi Fenton Middle	Wednesday, May 10	7:00 - 8:30 PM	Brandi Fenton Middle
2003	U-15	Female	Monday, May 8	7:00 - 8:30 PM	Brandi Fenton East	Wednesday, May 10	7:00 - 8:30 PM	Brandi Fenton East
2002	U-16	Male	Tuesday, May 9	5:00 - 6:30 PM	Brandi Fenton Middle	Thursday, May 11	5:00 - 6:30 PM	Brandi Fenton Middle
2002	U-16	Female	Tuesday, May 9	5:00 - 6:30 PM	Brandi Fenton East	Thursday, May 11	5:00 - 6:30 PM	Brandi Fenton East
2001	U-17	Male	Tuesday, May 9	6:30 - 8:00 PM	Brandi Fenton Middle	Thursday, May 11	6:30 - 8:00 PM	Brandi Fenton Middle
2001	U-17	Female	Tuesday, May 9	6:30 - 8:00 PM	Brandi Fenton East	Thursday, May 11	6:30 - 8:00 PM	Brandi Fenton East
2000/1999	U-18	Male	Tuesday, May 9	8:00 - 9:30 PM	Brandi Fenton Middle	Thursday, May 11	8:00 - 9:30 PM	Brandi Fenton Middle
2000/1999	U-18	Female	Tuesday, May 9	8:00 - 9:30 PM	Brandi Fenton East	Thursday, May 11	8:00 - 9:30 PM	Brandi Fenton East

Questions? Contact Dave Cosgrove at [dac1hc@gmail.com](mailto:dac1hc@gmail.com).



# TUSCON SOCCER ACADEMY FREE GIRLS SOCCER CLINIC

**\*\*\*Bring a non-TSA friend for the chance to enter a raffle contest\*\*\***

Ages 5 - 12  
April 22nd & 29th  
9:00 AM - 10:30 AM  
Brandi Fenton East

Registration and  
Questions at: [kim.kenworthy@gmail.com](mailto:kim.kenworthy@gmail.com)

## **Letter from Ted: Why TSA?**

As president of the Tucson Soccer Academy I am often asked by newcomers to Tucson, “why should I register my child with TSA and not another local club that practices closer to my home?”

Of course, there are a myriad of reasons and I could spend an entire column on each one of them. TSA has earned more State Cup and President’s Cup championships than the rest of Tucson’s soccer clubs combined. We have the only youth soccer clubhouse in the state which includes over \$40,000 of fitness equipment, an onsite physical therapist or trainer, study, computer and conference rooms and an artificial turf testing and workout spot.

However, the best reason for choosing TSA is our coaching staff. Clearly the best in all of Southern Arizona if not the state. In fact, only 3 months ago five of the six coaches recognized as Legends of Tucson soccer were current or former TSA coaches: Wolfgang Weber—noted father of Tucson soccer and head coach at Salpointe, Dave Cosgrove, DOC and head coach at Pima College, Lisa Fraser, former UA head women’s soccer coach and Ron Fox and Charlie Kendrick.

So for the best coaches, best facilities, best training, strength and agility program operated safely with physical therapists and trainer on site, the best facilities and best record of success, there really is no better choice than TSA.

**-Ted Schmidt, President TSA**

## **Message from Todd.**

Tucson Soccer Academy Oro Valley is closing in on the completion of the first year of operation. As with any new venture and start up there have been challenges and growth. To think that at this time last year there was a small discussion about adding a team in OV to meet a very small demand to now having nine teams with the expectation of adding more in the future.

Many conversations have taken place with the town of Oro Valley, OV Parks and Recreation and AYSO in hopes of securing more field space allowing for more growth. The current goals for TSA OV currently are for a three to five year model which would allow for growth as numbers and space allow. This plan would eventually lead to direct competition for players and teams with CDO. For now, growth has to be examined based on fields, participants and demand. The exciting aspect is that we continue to hear from new families and prospective players.

Even more exciting is we have heard from new families moving into OV that come with coaching experience. I have and will continue to meet with prospective coaches who can elevate our level of training while continuing to meet the expectations of our families. In many ways the TSA OV staff demonstrates servant leadership in their coaching style and each has only players interest at heart when they coach. We need to preserve this while at the same time expand our reach and increase our product.

The placements for OV will be held at Naranja Park. These will be multi-age placements allowing us to identify the pool and determine whether we can and need to grow. Ideally we can add a few teams without an overwhelming need for more fields but beyond that will need to be mindful of growth. This has been an exciting first year and the need for TSA OV was evident. Now we begin to prepare for the future and the eventual dominance of Oro Valley with our top-notch program.

**- Todd Garelick, Oro Valley Director of Coaching**

## **Extra, extra, read all about it. . .**

### **TSA Placements 2017 - 18**

**WHEN:** May 1st - 4th: Age groups '11 - '05  
May 8th - 11th: Age Groups '04 - '99

**WHERE:** Brandi Fenton Memorial Park

### **TSA is getting a new look!**

Tucson Soccer Academy will be represented by their new official colors:  
Red, Black & White for the 2017/18 season.

### **New TSA Uniforms on the way!**

Tucson Soccer Academy unveiled their new uniforms for the 2017/18 season through Facebook Live on Wednesday April 12th.

### **TSA 08 Girls take 1<sup>st</sup> place in U10 Pima Cup Silver bracket.**



**TSA 08 Girls also won the TSA tournament in the U9 earlier this season!**

## TSA Leadership program thrives.

The Tucson Academy has completed their first year of the Leadership Program with the captains of the U-11 through U-18 age groups.

Over the course of the last nine months the captains meet once a month to learn leadership skills, practices and techniques that they could use to intentionally build a culture of awesomeness within their teams.

The captains learned such things as: identifying their current purpose and values; how to set and accomplish goals that are in alignment with their purpose and values; communication both verbal and non-verbal with teammates and coaches; how to deal with conflict; breathing techniques; how to cultivate positive energy in good time and especially in difficult times; the power of the alter ego; how to lead by example and much more. Gratitude to the captains for their time, energy and growth as both players and leaders within our community.

Keir Cochran | Preserve the Core

[smallmiraclesaz.com](http://smallmiraclesaz.com)

**Ellie Robinson** collected 80 pair of cleats for the Amphi School District to help those who cannot afford cleats!

Thank you to all who donated. Our next collection of cleats, shin guards & shorts will be at placements. Those will go to refugees who are participating in soccer! - Lisa Fraser



Helping the Tucson Soccer Academy stay ProActive on injury and pain prevention.

**Bumps and Bruises**

Mondays from 4:30pm-6pm | TSA Club House  
John Woolf, MS, PT, ATC, COMT

[LEARN MORE](#)



[www.proactivept.com](http://www.proactivept.com)



# DOWN FOR THE COUNT

350,000 cellphone-free miles driven in 2016 in Tucson!

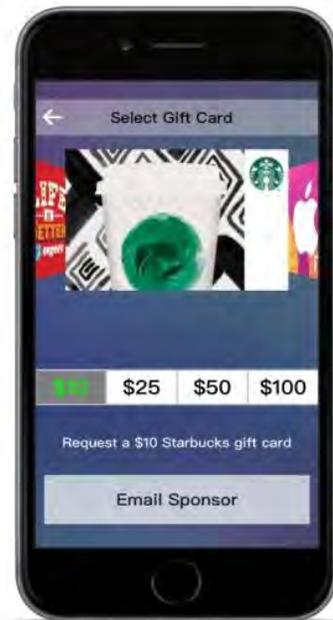
## The Problem

Distracted driving has become an epidemic. Teens, parents, and working professionals can all be guilty. Fighting the urge to use your phone while driving can be very challenging.

## Easy to Use Solution

1. Download **Down For The Count** on the App Store.
2. Click \$ to create a campaign. Select a Driving Time Goal and the gift card of your choice: Starbucks, Egee's, Sauce, iTunes, etc.
3. Email the pledge request to a sponsor (typically a parent, family member or yourself).
4. Once the gift card is purchased, the safe driving campaign begins.
5. Click **START** each time you get in a vehicle. Click **STOP** when you arrive at your destination.
6. As long as you don't answer a call, text, or exit the app while driving, you earn credit for that trip.
7. Accumulate 5+ hours of cellphone-free driving to earn your gift card!

Follow us @DFTCapp



Contact: David@PutitDownApp.com

## More on “Down for the Count” . . .

Down for the Count is a mobile app, created by **David Hazan, former TSA and Salpointe player and current goalkeeper coach for TSA**. Down for the Count rewards users with gift cards, NOT to use their cell phones while driving. In 2016, drivers in Tucson surpassed 10,000 hours of cellphone-free driving using Down for the Count driving more than 350,000 cellphone-free miles. The app can be downloaded here:

<https://itunes.apple.com/us/app/down-for-the-count/id988615405?mt=8> or by searching Down for the Count on the Apple App Store.

DFTC is currently partnering with Salpointe, CDO, IRHS, the Pima County Health Department, and the Eller College of Business and has plans to gain national exposure over the coming months. Anyone interested in learning more about the app or potential partnerships, can reach David at David@Putitdownapp.com or (520) 549-8747.

**- Ending distracted driving due to cell phones starts with you!**

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## ★ TSA Star Alumni: Samantha Monahan ★

My name is Samantha Monahan. I grew up in Tucson where I started playing soccer at a very young age. I am a TSA 89' Alumni. I attended Catalina Foothills High School, where we won 3 consecutive 4A State Championships (2005-2007). I went to Northern Arizona University winning back to back Big Sky Conference Championships, being the first team in the programs history making it into the NCAA Tournament (2008-2009). I was fortunate enough after college to continue my playing career as a professional playing in Finland, Sweden and currently in Denmark.

My time with Tucson Soccer Academy was a very fulfilling and positive experience. I was lucky enough to be surrounded by passionate and knowledgeable coaches who taught me to love the game. The coaches I had would constantly remind us how fortunate we are to be able to wake up everyday, play soccer and represent a club. They taught me that playing soccer is a gift and to never take it for granted. It was a unique experience for me because I was also surrounded by amazing teammates who loved to compete. The environment with the 89's was always competitive and we were always looking to raise our standards as a club. It was unique because the comradery was evident not only on the pitch but off the pitch as well. Playing with the 89's were some of the best memories I had in my youth soccer career.

My time with TSA affected where I am today because of the coaches that I had. I always felt that my coaches generated a professional atmosphere that was a unique balance of working hard and having fun. They believed in my abilities and let me express myself creatively on the pitch. This confidence that they instilled in me at a young age, helped me become the player that I am today.

**- Sam Monahan**

The “Game Worden,” Michael Worden, speaks out regarding the new changes in the laws of the game.

**Question:**

What is the restart if a foul involves contact with the opponent?

**Answer:**

Direct free kick.

**Source:** Law 12 - Fouls and Misconduct



**★ TSA Star Alumni: Luis Lanz ★**

My name is Luis Lanz. I am currently an attorney with the law firm Wilkes & McHugh, P.A. I was born and raised in Tucson, Arizona and I played for the 88' team. It's hard to believe that it has almost been 10 years since I last played for TSA. In short, my experience at TSA was great. We won plenty of trophies and accolades though we never won that coveted state championship.

I am very fond of my experience with TSA. I learned a lot from the coaching staff, particularly Wolfgang Weber and David Cosgrove. They were both instrumental in shaping me as a young man and teaching me lessons both on and off the field. They taught me the importance of dedication and perseverance. I went through very tough times during that period my life, and TSA provided the support system I needed to get me through those hardships. It wasn't just the coaches that were there for me--it was everyone in the TSA community. I cannot even begin to express the gratitude I have for everyone that was involved in the organization. I can genuinely say that I wouldn't be where I am today if it wasn't for TSA.

**- Luis Lanz**



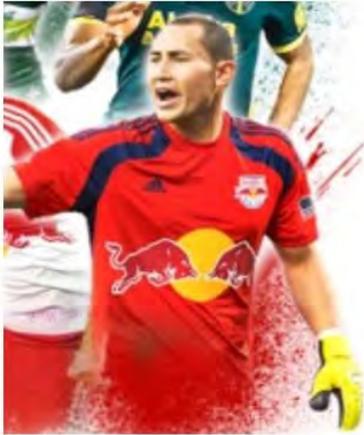


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Southern Arizona's Premier Soccer Program



## 2 Lunch 'n Learn opportunities

Ann K. Schmidt Kickin' It Clubhouse

Tuesday, April 25 & Thursday, April 27th 12pm

(lunch provided)

Learn how to become an TSA Supporter and find out what it takes to be a TSA Community Allstar! By invitation only, you will how you can become a part of the academy by sponsorship and endowments, meet the board of directors and learn how TSA changes lives.

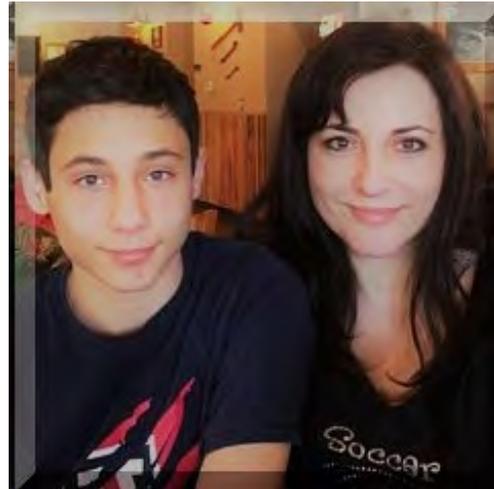
Learn about: tax credit opportunities, advertising options, individual team options, multi-year opportunities and more.



**Note from the Editor:** Do you have a contribution for the newsletter? Do you have a concern or comment? Do you have a question for one of the TSA directors, referee or coach? Please email [TSAnews1@gmail.com](mailto:TSAnews1@gmail.com) and your question will be routed for a response.

Thanks for reading!

- Jeannie Benavente



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*Reforma*

